

Connecting with Your True Essence... A Retreat for Women

Angel Valley Retreat Centre, Sedona, Az

November 1-4, 2007



Three days of workshops
with

Judith Onley - Dance with Spirit – www.dancewithspirit.com

Colleen Hoffman Smith - Author, Inner Workout Coach - www.theinnerworkout.com

Frannie Hoffman - Author, Spiritual Intuitive – www.franniehoffman.com

Evening sessions with

Kedzi Morgan - healer, shaman

Philomene Hoffman - musician – www.philomenehoffman.com

\$1171 / person

Includes:

A one hour personalized session with one of our facilitators

Sweat lodge ceremony

Sunset on Archangel Michael's mountain

Mornings: sunrise meditation led by our facilitators

all meals (vegetarian)

\$50 voucher toward Airport Shuttle.

Check out www.angelvalley.org

Space is limited - Register now

For applications and registration information

Contact: Barbara Lupton 416 686 9394

or email balupton@seeingtheobvious.ca